

## **January 2023**

LEVEL 1 - White Belt to Yellow Stripe Belt LEVEL 2 - Yellow Belt to Green Stripe Belt LEVEL 3 - Green Belt to Red Stripe Belt

LEVEL 4 - Red Belt to Black Belts

## IN PERSON CLASS SCHEDULE

TIMES	MON	TUE	WED	THU	FRI	SAT
10:00 - 10:45						Level 1 - 2
11:00 - 11:45						Level 3 - 4
4:00 - 4:45	Level 1 - 2	Level 3 - 4	Level 1 - 2	Level 3 - 4		
4:45 - 5:30	Level 1	Level 1 - 2	Level 2	Level 1 - 2	Level 1 - 2	
5:45 - 6:30	Level 3 - 4	Level 1 - 4	Level 3	Level 1 - 4	Level 3 - 4	
6:45 - 7:30	Level 1 - 2	Level 4	Level 1 - 2	Level 4	Self Defence Tips Tests Starts at 6:45 PM (Canceled If no one arrives by 7:00)	
7:45 - 8:30	Level 3 - 4 (Age 12+)	Level 1 - 3 (Age 12+)	Level 3 - 4 (Age 12+)	Level 1 - 3 (Age 12+)		

## **New Student Trial**

Mon. & Wed. at 5:30 PM, Sat. at 9:15 AM

Call or Text us to Book 403-502-2228

ONLY: \$27.00 +GST

- 1 Private Lesson \*, - 2 Weeks of Lessons & a <u>FREE</u> Fire Dragon Uniform

Plus all the information a family would required in order to decide if they wish to enroll into our regular program.



## Birthdays This Month



Dayton	Goldade	1/2	Trey	Tillery	1/15
Tony	Macaig	1/2	Mckenna	Lobdell	1/22
lvy	Torgerson	1/8	Christie	Klassen	1/22
Harvie	Albrecht	1/9	Cohen	Weber	1/25
Adina	Chizmadia	1/11	Nalani	Cole	1/27
Taneisha	Tillery	1/12	Kyrina	Cole	1/29

# FIRE DRAGON TAEKWONDO

## CLASS SCHEDULE

## anuary 2023

29	22	15	8	1	SUN
Closed	Closed	Closed	Closed	Closed	
30	23	16	9	2	MON
<b>Open</b>	Open	Open	Open	Closed	
31 <b>Open</b>	24 Open	17 Open	10 Open	3 Closed Staff Dev.	TUE
Feb. 1	25	18	11	4	WED
<b>Open</b>	Open	Open	Open	Open	
2	26	19	12	5	THU
Open	Open	Open	Open	Open	
3	27	20	13	6	FRI
Open	<b>O</b> pen	Open	Open	Open	
4 Open	28 Open	21 Open Movies	14 Open	7 Open	SAT
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## Belt Test Prep on Friday's

- You must attend at least 1 time, after earning your blue tip,

**Note:** You are coming to Test for Orange Tip, not to learn the moves. That should be completed prior to showing up. Video's are available on www.DragonTKD.com under Belt

- Also a space to work on whatever you need to work on
- a chance to ask higher ranks for help with something
- an opportunity to practice helping lower belts

Every Friday at 6:45 (except on nights we are closed)



## **MOVIE PARTY**



Taekwondo classes, prior to these events Jan. 21 there WILL be regular

MOVIE DAY 12:30 pm to 3:00 pm

Age 9 and Under

Popcorn, Snacks & Soft Drinks will be provided!

## MOVIE NIGHT

4:00p m to 7:30 pm

Age 10 and Over.

Popcorn, Snacks & Soft Drinks will be provided

## 2022 ANNUAL BANQUET

Saturday, Feb 11, 2023

Tickets on sale through Dojang front desk.
Event is at Wyndham Garden Medicine Hat Conference
Center. Arrive at 5:00 pm, full banquet dinner at 5:30 pm.



2 and under is Free

the Year, all Families Should Attend! Our Biggest Event of