



APRIL 2024 SCHEDULE

Main Floor

TIMES	MON	TUE	WED	THU	TIMES	FRI	SAT
	LEVEL 1 - White to Yellow Stripe Belt LEVEL 2 - Yellow to Green Stripe Belt LEVEL 3 - Green to Red Stripe Belt LEVEL 4 - Red to Black Belts					SAT. TIMES	
10:00 – 10:45						10:00 – 10:45	Level 1-2
11:00 – 11:45						11:00 – 11:45	Level 3-4
					FRIDAY TIMES		
3:55 – 4:40	Level 1-2	Level 3	Level 1-2	Level 3	4:00 – 4:45	Level 3-4	
4:45 – 5:30	Level 1-2	Level 1-2	Level 1-2	Level 1-2	5:00 – 5:45	Level 1-2	
5:35 – 6:20	Level 3-4	Level 1	Level 3-4	Level 1	6:00 – 6:30	Self Defence Tip Tests <small>Starts at 6:00 PM (Canceled if no one arrives by 6:10)</small>	
6:25 – 7:10	Level 2	Level 1-2	Level 2	Level 1-2			
7:10 – 7:55	Level 1-4 Age 9+	Level 4	Level 1-4 Age 9+	Level 4			
7:55 – 8:40		Level 1 - 4 Teens / Adults		Level 1 - 4 Teens / Adults			

New Student Trial

Mondays & Wednesdays at 6:00 PM, Call or Text us to Book [403-502-2228](tel:403-502-2228)

ONLY: \$27.00 +GST

- 1 Private Lesson, - 2 Weeks of Lessons & a **FREE** Fire Dragon Uniform

Plus all the information a family would require in order to decide if they wish to enroll into our regular program.



Birthdays This Month



Jesyca Rae	Thomas	4/1	Jeunesse	Fedoruk	4/13
Griffin	Minogue	4/2	Atticus	Nieboer	4/14
Isabelle	Lawrence	4/4	Oluwatomisin	Alakaloko	4/20
Trayven	Hale	4/5	Mason	Hay	4/21
Nolan	Jesso	4/8	Lisa	Haslam	4/21
Kyle	Glass	4/10	Gabriella	Van Enk	4/22
Van	Haslam	4/11	Ian	Park	4/29

FIRE DRAGON TAEKWONDO

CLASS SCHEDULE

April 2024

SUN	MON	TUE	WED	THU	FRI	SAT
Closed	1 Open	2 Open	3 Open	4 Open	5 Open	6 Open
Closed	8 Open	9 Open	10 Open	11 Open	12 Open	13 Open
14 Closed	15 Open	16 Open	17 Open	18 Open	19 Open	20 Open
21 Closed	22 Open	23 Open	24 Open	25 Open	26 Open	27 Open
28 Closed	29 Open	30 Open	May 1 Open	2 Open	3 Open	4 Open

Super Hero Week

Let's Honour the Hero's of the Battle of Vimy Ridge!
Wear Your Superhero Costume in Class This Week

Belt Test Prep on Friday's

- You must attend at least 1 time, after earning your blue tip, to test for your **Orange (self defense) tip**.
 - Note:** You are coming to Test for **Orange Tip**, not to learn the moves. That should be completed prior to showing up. Video's are available on www.DragonTKD.com under Belt Tests.
 - **Also** a space to work on whatever you need to work on
 - a chance to ask higher ranks for help with something
 - an opportunity to practice helping lower belts
- Every Friday at 6:00 (*except on nights we are closed*)

Next Belt Test / Progress Check

Apr. 22nd to Apr. 27th

Belts will be given out in class for this Testing

Have you got all your tips?

- GREEN** - In Class
- BLUE** - In Class
- RED** - In Class
- ORANGE** - Friday's at Belt Prep
- GOLD** - Gold Stripe Form

Super Hero Week



April 8th to 13th

Wear Your Superhero Costume in Class This Week